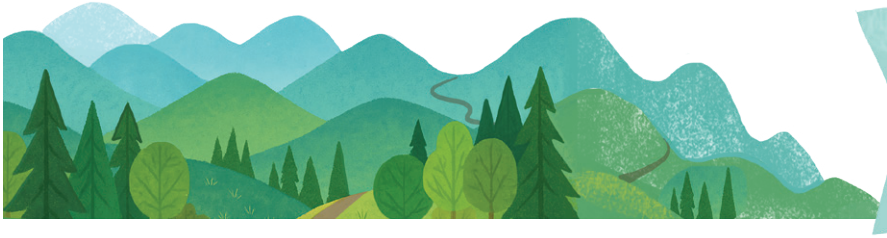
Name: _____ Date: _____

Distracted Driving Impact

Instructions: Below is a list of common driving distractions. For each distraction, rate the risk as low, medium, or high, describe possible consequences, and suggest a safer alternative.

DISTRACTION	Risk Level (Low, Medium, High)	Possible Consequences	Safer Alternative
Using a cell phone (texting/calling)	High	Eyes off road, hands off wheel, delayed reactions, increased crash risk	Silence/put away phone, use "Do Not Disturb" mode
Adjusting radio or music playlist			
Using GPS or navigation devices			
Eating or drinking while driving			
Reaching for items inside the car			
Personal grooming (hair, makeup)			
Talking or arguing with passengers			



REFLECTION QUESTIONS:

1. Which distraction do you think is the most dangerous? Why?
2. What is one safer habit you can practice to avoid distractions while driving?

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